



# BIG BAD BREAKFAST

BREAKFAST | LUNCH | COCKTAILS

## ALLERGEN & DIETARY GUIDE

### ★ GLUTEN FREE ★

THESE ITEMS ARE SAFE IF GLUTEN-FREE DINING IS A *DIETARY PREFERENCE* ONLY.  
CUSTOMERS WITH CELIAC DISEASE OR OTHER GLUTEN SENSITIVITY  
ARE CAUTIONED OTHERWISE.

#### SKILLETS

with potatoes (blanched in fryer)  
removed if allergic

**BIG BAD SKILLET**

**YARD WORK**

**LOW COUNTRY**

#### OMELETS

**VEGGIE**

**HAM AND CHEESE**

**CREOLE** \*without tomato gravy

**BLT** \*without tomato gravy

#### SANDWICHES

\*on gluten-free bread

**TURKEY AND SWISS**

**BLT**

**HAM PO' BOY**

**SMASH BURGER**

#### EGGS & SUCH

**JACK BENNY**

\*fried in same oil as gluten items

**STEAK AND EGGS**

**BREAKFAST PLATE**

#### SPECIALTIES

**HUEVOS RANCHEROS GRIT BOWL**

\*no tortillas

**SHRIMP AND GRITS**

#### GRITS

#### HASH CAKES

\*fried in same oil as gluten items

#### RED-EYE GRAVY

#### TOSSED GREENS

#### GRAPEFRUIT

Plain and Bruleed

#### SKILLET POTATOES

\*blanched/fried in same oil as gluten items

#### FRENCH TOAST

\*made with gluten-free bread

#### AVOCADO TOAST

\*on gluten-free bread

#### ALL MEATS

\*except those fried

#### GRANOLA

#### OATMEAL

#### DRESSINGS

**RANCH**

**SHERRY VINAIGRETTE**

**GARLIC PARMESAN VINAIGRETTE**

## ★ **VEGETARIAN** ★

MOST DISHES ON THE MENU CAN BE MADE VEGETARIAN BY REMOVING MEAT COMPONENTS.  
ASK YOUR SERVER IF ANY ITEMS ARE COOKED WITH MEAT.

We suggest these vegetarian alternatives:

**TOMATO GRAVY**

**VEGETARIAN SAUSAGE**

## ★ **VEGAN** ★

THE FOLLOWING ITEMS ARE MEAT AND DAIRY FREE:

**AVOCADO TOAST** (no egg)

**SLICED OR MARINATED TOMATOES**

**BRULEED OR REGULAR GRAPEFRUIT**

**WHEAT TOAST**

**OATMEAL**

**FRUIT**

**ALMOND MILK**

**SALADS**

\*can be made vegan if made without meat and cheese  
and served with Tomato Marinade as dressing.

**CHEF'S SALAD**

**ICEBERG SALAD**

**CHICKEN CAESAR SALAD**

\*NOTE THE FOLLOWING ITEMS CONTAIN HONEY:

**GRANOLA, JC HOT SAUCE, SHERRY VINAIGRETTE**

## ★ **TREE NUT ALLERGIES** ★

THE FOLLOWING ITEMS CONTAIN TREE NUTS AND SHOULD BE AVOIDED:

**PEANUT BUTTER**

**GRANOLA**

\*ITEMS COOKED ON THE FLAT TOP GRILL DUE TO PECANS USED IN SOME PANCAKES